

## Attitude

- There are two kinds of people in the world: those who make excuses and those who get results. An excuse person will find any excuse for why a job was not done, and a results person will find any reason why it can be done. Be a creator, not a reactor. -- *Alan Cohen, A Deep Breath Of Life*
- You can't have a better tomorrow if you are thinking about yesterday all the time. -- *Charles F. Kettering*
- Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow delightful conditions, all heavenly environment; of these if you but remain true to them, your world will at last be built.. -- *James Allen, 1864-1912, British-born American Essayist, Author of "As a Man Thinketh"*
- The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn. -- *Alvin Toffler*
- What lies behind us and what lies before us are tiny matters compared to what lies within us. -- *Ralph Waldo Emerson*
- The Pessimist complains about the wind, the Optimist expects it to change and the REALIST adjusts his sails. (*author unknown*)
- A great many people think they are thinking when they are merely rearranging their prejudices. -- *William James*
- In three words I can sum up everything I've learned about life: It goes on. -- *Robert Frost*

## Confidence

- No one can make you feel inferior without your consent. -- *Eleanor Roosevelt*

## Courage

- The hardest challenge is to be yourself in a world where everyone is trying to make you be somebody else. -- *E. E. Cummings*
- Many of our fears are tissue-paper-thin, and a single courageous step would carry us clear through them. -- *Brendan Francis*

## Empowerment

- Begin doing what you want to do now. We have only this moment, sparkling like a star in our hand -- and melting like a snowflake. -- *Marie Beyon Ray*
- My dad always used to say, "If you're falling off a cliff, you may as well try to fly. You have nothing to lose." -- *Captain John Sheridan, Babylon 5*
- Things turn out the best for the people who make the best of the way things turn out. - *John Wooden*
- You cannot be lonely if you like the person you're alone with. -- *Wayne Dyer*
- When we blame, we give away our power. -- *Greg Anderson*
- Maturity is the ability to express one's own feelings and convictions balanced with consideration for the thoughts and feelings of others. -- *Hrand Saxenian*

## Friendship

- It is the first law of friendship that it has to be cultivated. The second is to be indulgent when the first law is neglected. -- *Voltaire*
- A new friend is like new wine; when it has aged you will drink it with pleasure. -- *Ecclesiastes 9:10*

## Love

- Talk not of wasted affection; affection never was wasted.-- *Henry Wadsworth Longfellow*
- There are countless ways to express love. Be creative! -- *Inneractions by Stephen C. Paul and Gary Max Collins.*

## Miracles

- There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle. -- *Albert Einstein*

## Persistence

- When you get in a tight place and everything goes against you, till it seems as though you could not hold on a minute longer, never give up then, for that is just the place and time that the tide will turn. -- *Harriet Beecher Stowe*
- Your persistence is your measure of faith in yourself. *Author Unknown*
- "There are some people who live in a dream world, and there are some who face reality; and then there are those who turn one into the other. -- *Douglas Everett, American Hockey Player*

## Success

- The only place where your dream becomes impossible is in your own thinking. -- *Robert Schuller, American Minister (Crystal Cathedral), Author, Social Leader*
- If you want to be successful, it's just this simple: Know what you're doing. Love what you're doing. And believe in what you're doing. -- *Will Rogers*
- When you reach for the stars, you may not get one, but you won't come up with a hand full of mud, either." -- *Leo Burnett*
- The future is simply infinite possibility waiting to happen. What it waits on is human imagination to crystallize its possibility. -- *Leland Kaiser*
- The first step toward success is taken when you refuse to be a captive of the environment in which you first find yourself. -- *Mark Caine*
- The future belongs to those who believe in the beauty of their dreams. -- *Eleanor Roosevelt*
- The people that get on in this world are the people that get up and look for the circumstances that they want; and if they can't find them, they make them. -- *George Bernard Shaw*
- Life is a series of experiences, each one of which makes us bigger, even though sometimes it is hard to realize this. - *Henry Ford*
- The best way to predict the future is to create it! -- *Jason Kaufmann*
- Everything you do can be done better from a place of relaxation. -- *Inneractions by Stephen C. Paul and Gary Max Collins.*
- Remove the rock from your shoe rather than learn to limp comfortably. -- *Inneractions by Stephen C. Paul and Gary Max Collins.*
- The point of life is not to be married or single - it is to be. We are human beings, or humans being. It does not matter so much what lifestyle we choose - it's what we make of the opportunities to grow, that counts. -- *Alan Cohen, Rising in Love*

## Values

- Do more than belong, participate. Do more than care, help. Do more than believe, practice. Do more than be fair, be kind. Do more than forgive, forget. Do more than dream, work. -- *William Arthur Ward*

- It's not hard to make decisions when you know what your values are. -- *Roy Disney*
- To speak ill of others is a dishonest way of praising ourselves ... let us be above such transparent egotism. -- *Will Durant*

### **Children learn what they live**

If a child lives with criticism

He learns to condemn.

If a child lives with hostility

He learns to fight.

If a child lives with ridicule

He learns to be shy.

If a child lives with jealousy

He learns to feel guilty.

But if a child lives with tolerance

He learns to be patient.

If a child lives with encouragement

He learns self-confidence.

If a child lives with praise

He learns to appreciate.

If a child lives with fairness

He learns justice.

If a child lives with approval

He learns to like himself.

If a child lives with security

He learns to have faith.

If a child lives with acceptance and friendship

He learns to find love in the world.